NANCY MD

Nancy Yen Shipley, MD

Dr. Nancy Yen Shipley, also known as NancyMD, is an orthopaedic surgeon, speaker, podcast host, writer and mom.

Nancy is passionate about sharing her path to finding her inner renaissance woman with others, in particular the next generation of future women leaders. She is producer and host of podcast The 6% with NancyMD, and on the podcast, shares the inspiring stories of women thriving in traditionally male-dominated fields.

As a mentor and champion for equity and diversity, she brings awareness to this through speaking engagements and an active online presence, with a following of over 25k on social media platforms. She has been a featured contributor on KevinMD.com, Women's Health Conversations, among multiple other online and traditional media outlets.

Nancy is an unabashed late-bloomer. She graduated from UCLA with a B.A. Psychology but took a non-traditional path to medicine, first working in the snowboarding industry and event planning, before finding her passion in medicine. In medical school, despite being told "girls don't do ortho", entered internship and residency in orthopaedic surgery followed by a sports medicine and arthroscopy fellowship. She is now in private practice in Portland, Oregon and enjoys caring for athletes of all levels, and is a team physician for the U.S. Ski and Snowboard Team.

In her free time, Dr. Yen Shipley enjoys spending time with her son and husband, snowboarding, stand up paddle-boarding, playing tennis, and enjoying the great outdoors and the great food in her adopted hometown of Portland.

Arthroscopy Association of North America

AAOS American Academy of Orthopaedic Surgeons

Medium

Portland Top Doctors

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The 6% with NancyMD is a podcast dedicated to women thriving in traditionally male-dominated fields. Women make up only 6% of orthopaedic surgeons, thus, the inspiration for the title of this podcast. Across disciplines and careers, women have parallel experiences and struggles in following our passions. The women featured on The 6% with NancyMD share how they were shaped in their upbringing, the influences in their lives, and how they arrived at - and continue to thrive in - their careers. We talk about imposter syndrome, microaggressions, barriers to entry, pay gap, mentoring, obstacles and failures - more importantly, how we get up from those failures. The podcast appeals to all genders and will be sure to inspire with the common themes of grit, perseverance, and resiliency.

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Speaking topics

- Finding Your Inner Renaissance Woman
- The Path of the Late Bloomer
- Defining Your Mission and Values
- Tackling Fear
- Finding Your Hive
- Staying Strong, Confident and Active as We Age
- Sports Medicine and Injury Prevention
- The Impact of Physicians in Social Media
- Amplify Your Message with Twitter
- How Podcasting Can Expand Your Reach

Featured testimonials

"To know Nancy MD is to love her. Witty, engaging and thoughtful, Dr. Nancy Yen Shipley brings the best of surgery, motherhood, and innovation together in one place. I would listen to her again and again."
Vonda Wright, MD, orthopaedic surgeon and founder of Women's Health Conversations

"Nancy possesses an engaging and entertaining style as a speaker, deftly finding that place where humor meets professionalism. She effortlessly blends EQ with IQ and connects equally easily with colleagues as she does with the general public."
Kevin Pho, MD, Founder of KevinMD and keynote physician speaker

"Dr. Nancy Yen Shipley spoke on her pathway to becoming an orthopaedic surgeon to an auditorium of 180 teachers and students, followed by a live broadcast of an ACL surgery with live Q&A and commentary. Dr. Yen Shipley's immense expertise and knowledge provided the audience insight into the profession as an orthopaedic surgeon, and the complexity of surgery. The audience was transfixed and inspired by both segments of the presentation."
Toyin Oyemaja, Outreach Coordinator, Providence Health Systems

Booking Info: 804-614-6488 Speaking@nancymd.com www.nancymd.com

@nancymdpdx @_nancymd @_nancymd @nancyyenshipleymd